Create a discussion guide based on a podcast of students and adults with disabilities discussing the skills learned during a first job that help them in the current professional job.

- 1. What was your first job and how did it help you develop skills that you use today in your professional life?
- 2. What were the biggest challenges you faced transitioning from the first job to your current professional job?
- 3. Are there any specific skills you learned in your first job that you have been able to apply in your current job?
- 4. How have your skills developed since your first job?
- 5. What advice would you give to young people with disabilities who are looking for their first job?
- 6. What have been the biggest advantages of being a person with a disability in the workplace?
- 7. How have you used your experiences with disability to help you succeed and advance in your current job?
- 8. How have you found ways to accommodate your own disability within the work environment?
- 9. How have you worked with employers to set goals and expectations that accommodate your disability?
- 10. What advice would you give to employers of individuals with disabilities in how to ensure a successful relationship between the employee and the employer?