

Create a reward chat for a child with ADHD

Reward Chat:

Child: Hi, what's up?

Parent: Hey, I wanted to talk with you about something important.

Child: Yeah? What is it?

Parent: Recently, you have been doing such a great job with taking your medication and trying your best to focus on your schoolwork.

Child: Oh, really?

Child: Thank you!

Parent: Of course! That's why I wanted to give you a reward for your hard work and dedication. How about you pick out an activity that you would like to do this weekend as your reward?

Child: That sounds amazing! I think I'm going to go to the museum and see some dinosaurs.

Parent: That sounds like a great reward. Have fun and enjoy yourself!