

create a 6 week lesson plan on indoor badminton for a primary 6 class.

Week 1:

- Overview of equipment and court dimensions
- Basic rules
- Introduce fundamental footwork
- Introduce grip and basic strokes
- Introduce basic technical skills and progress to game like drills

Week 2:

- Refresh overview of equipment and court dimensions
- Refresh basic rules
- Demonstrate and practice forehand grip and stroke
- Demonstrate and practice backhand grip and stroke
- Introduce basic serves and footwork

Week 3:

- Refresh overview of equipment and court dimensions
- Review basic rules
- Demonstrate and practice underarm smash
- Refine basic strokes: forehand and backhand
- Progress to game like skills and drills

Week 4:

- Refresh overview of equipment and court dimensions
- Review basic rules
- Demonstrate and practice low serves
- Refinement of technical skills: forehand and backhand
- Progress to game like skills and drills

Week 5:

- Refresh overview of equipment and court dimensions
- Review basic rules
- Demonstrate and practice clear and drop shots
- Introduce basic doubles strategies
- Introduce match play exercises

Week 6:

- Refresher on rules and equipment
- Practice basic underarm serves
- Refinement of technical skills: forehand, backhand & clears
- Incorporation of advanced shots
- Developing basic doubles strategies
- Match play exercises